



Friday- April 24, 2020  
APNA Competency Based Training for Suicide Prevention

Saturday- April 25, 2020  
Annual Conference

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Prairie Care Institute  
1934 Hennepin Avenue  
Minneapolis, MN

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APNA is providing Competency Based Training for Suicide Prevention for APNA Minnesota Chapter and providing ANCC Contact Hours for Annual Conference.

The American Psychiatric Nurses Association is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC contact hours pending.

To receive contact hours for this event, participants must attend all conference sessions and submit a completed evaluation form.



## Presentation Topics

Global Perspectives of Implementing Family Nursing into Psychiatry  
Advocacy and Policy Initiatives for Families of People with Serious Mental Illness  
Providing Multicultural Care for Substance Use Disorders  
Integrated Mental Health in Recovery

## Learner Outcome

Participants will increase knowledge and awareness of the complexities and comorbidities of mental illness in diverse patient populations and their families.

## Registration Rates

### Suicide Competencies- Friday only

APNA Member \$90  
Non-Member \$100  
Student \$60

### Annual Conference- Saturday only

APNA Member \$100  
Non-Member \$125  
Student \$75

### Both Conference Days

APNA Member \$175  
Non-Member \$215  
Student \$125

Registration Fee includes conference attendance, refreshments, and meals.

## Registration Deadline

April 14, 2020

Non-nurses welcome to register!

To register: [www.apna.org/APNAMNRegister](http://www.apna.org/APNAMNRegister)

Registration is Limited

### *Cancellation Policy:*

*Please submit any cancellation requests in writing to APNA Chapter Support at [chaptersupport@apna.org](mailto:chaptersupport@apna.org).  
A 50% refund will be granted up to 5 days before the conference (April 19, 2020).*

**Agenda**  
**Friday, April 24, 2020**  
**APNA Competency Based Training for Suicide Prevention**

Facilitator: Julie Abfalter, BSN, RN-BC

7:30 am – 8:00 am	Breakfast
8:00 am – 10:00 am	Introductions Phenomenon of Suicide (Competency 1) Epidemiology Terminology Legal & Ethical Issues (Competencies 8 & 9) Legal duty Ethical decision making Self-awareness (Competency 2)
10:00 am – 10:15 am	Break
10:30 am – 12:15 pm	Comprehensive Assessment (Competencies 3, 4 & 5) Therapeutic Relationship Mental health assessment including mental status exam Risk formulation Documentation Class Activity -- Assess and document level of risk Video 1: Exemplar of a focused assessment
12:15 pm – 12:45 pm	Lunch
12:45 pm – 2:45 pm	Class Activity – Perform and Document Focused Assessment Plan of care (Competency 6) Video 2: Developing a safety plan & discussion Class Activity Developing a safety plan
2:45 pm – 3:00 pm	Break
3:00 pm – 4:00 pm	Video 3: Updating the safety plan at discharge discussion Environmental Management (Competency 7) Environmental hazards Environmental interventions Review and Wrap Up
4:00 pm	Training Ends

Additional Information at [www.apna.org/competencytraining](http://www.apna.org/competencytraining)

**Agenda**  
**Saturday, April 25, 2020**  
**Annual Conference**

*Topics and speakers are subject to change*

7:30 am – 8:00 am	Registration and Breakfast
8:00 am	Welcome Amanda Schuh, PhD, APRN, PMHNP-BC APNA Minnesota Chapter President
8:30 am – 10:00 am	<b>Providing Care to East African Clients</b> Yussuf S. Shafie, MSW, LGSW CEO, Treatment Director of Alliance Wellness Center
10:00 am	Break
10:30 am – 12:00 pm	<b>Integrated Mental Health in Recovery</b> Gisli K. Kristofersson, PhD, RN, PMHCNS Adjunct Assistant Professor, University of Minnesota School of Nursing and Earl E. Bakken Center for Spirituality and Healing
12:00 pm	Lunch
1:00 pm – 2:00 pm	<b>MOM on a Mission: An Advocate for Mental Health Care</b> Janet Williams, MBA Mayor, City of Savage
2:00 pm	Break
2:30 pm – 4:00 pm	<b>Implementation of Family Nursing into Psychiatry</b> Eydís K. Sveinbjarnardóttir, RN, PhD Dean, School of Health Sciences and Associate Professor University of Akureyri, Iceland
4:00 pm	Conference Summary and Evaluation

**Questions?**

Email Amanda Schuh, APNA Minnesota Chapter President at [aschuh@umn.edu](mailto:aschuh@umn.edu)