TARGET AUDIENCE
This program is designed for professional caregivers working in nursing homes, assisted living facilities or hospitals, social workers, chaplains, hospice volunteers, elder care staff, residential care staff, educators, administrators and family members.

OBJECTIVES
1. Participants will come to learn the clinical significance of dignity within healthcare.
2. Participants will be provided some practical insights about how to elicit personhood within the clinical setting.
3. Participants will be taught some of the basic principles regarding a brief psychological intervention, designed for terminally ill patients and their families, coined Dignity Therapy.

PARKING AND DIRECTIONS
Please park on the North side of South Central College in the Blue Lot and enter through Door 15 to the conference Center (no parking pass required). For directions to South Central College go to the website at: www.southcentral.edu/misc/r-mankato-campus-directions

CONTINUING EDUCATION
CE’s will be available for Social Work, Nursing, Nursing Home Administration and Chaplains. Other CE’s may also be available. Contact ccoa@mnsu.edu to check if they are available for your profession.

Please contact 507-389-2572 for more information.

PROGRAM SPONSORS:
Mayo Clinic Health System - Mankato, Hospice
The Chesley Center on Aging at Minnesota State University Mankato
Minnesota River Area Agency on Aging, Inc.
South Central College, North Mankato

A member of the Minnesota State Colleges and Universities System, Minnesota State University, Mankato is an Affirmative Action/Equal Opportunity University. Individuals with a disability who need a reasonable accommodation to participate in this event, please contact Continuing Education at 507-389-2572 (V), 800-627-3529 or 711 (MRS/TTY) at least five working days prior to the day of the event. This document is available in alternative format to individuals with disabilities by calling the above numbers.

NUR51498R 02/15

Conserving Dignity at the End of Life
ABC’s of Palliative Care

Featured Speaker:
Dr. Harvey Max Chochinov

TUESDAY, APRIL 14, 2015
8:30 A.M. – 3:30 P.M.

SPONSORS:

MAYO CLINIC HEALTH SYSTEM

The Chesley Center on Aging at
Minnesota State University, Mankato

South Central College
North Mankato, MN 56003
PRESENTERS

Dr. Harvey Max Chochinov is a Distinguished Professor of Psychiatry at the University of Manitoba and Director of the Manitoba Palliative Care Research Unit, CancerCare Manitoba. His seminal publications addressing the psychosocial dimensions of palliation have helped define core-competencies and standards of end-of-life care.

Dr. Cory Ingram is an actively practicing palliative care consultant at Mayo Clinic. He is Practice Chair of Community Palliative Medicine to integrate and develop systems to improve the care of seriously ill people and their families. He also directs the Palliative Medicine program within Mayo Clinic’s Enterprise Office of Population Health Management.

Ann Marie Dose, PhD, RN is a clinical nurse researcher in the Nursing Research Division at Mayo Clinic Rochester. She has extensive experience in both clinical and research roles, having been a clinician and researcher in the Cancer Center, both as a staff nurse and clinical nurse specialist in various med-surg areas in the hospital setting, a patient care coordinator for Mayo Hospice, and a clinical nurse specialist provider with the Palliative Care Consult Service.

Jeff A. Sloan, Ph.D. is Professor of Biostatistics and Oncology at the Mayo Clinic in Rochester, Minnesota. Dr. Sloan is also the Chair of the Quality of Life Research Initiative at the Mayo Clinic and the Health Outcomes Committee for the Alliance Cancer Research Group. Dr. Sloan was trained as a mathematical statistician, obtaining his doctorate from the University of Manitoba, Canada in 1991. He held appointments in the Faculty of Nursing at the University of Manitoba for 10 years before coming to the Mayo Clinic in 1995. Dr. Sloan has focused recent research activities on methods of assessing quality of life (QOL) of cancer patients and other patient-reported outcomes.

Katherine Piderman was born and raised in Vancouver, B.C. but has lived in the Midwestern United States for most of her adult life. She has graduate degrees in theology and psychology and has served in several ministerial roles in parishes and medical facilities. Certified by the National Association of Catholic Chaplains, she has been a staff chaplain at Mayo Clinic in Rochester, MN since 1996, and currently serves as the chaplain for Mayo Clinic Hospice.

DESCRIPTION

This full day conference includes two elements. In the morning sessions Dr. Chochinov will discuss dignity conserving care practices and the ABC’s of palliative care. He will speak to various dimensions of palliative medicine, such as depression, desire for death, will to live and dignity at the end of life. In the afternoon Dr. Chochinov and our panel will explore in more detail the complexity of end of life and what we can do to provide dignity at the end of life.

AGENDA

MORNING SESSION

8:30 - 8:40 Welcome and Introduction
8:40 - 10:40 Keynote Address:
Dr. Harvey Max Chochinov
10:40 - 11:00 Break
11:00 - 12:00 More from Dr. Chochinov
12:00 - 1:00 Lunch

AFTERNOON SESSION

1:00 - 2:15 Let’s Hear from the Panel
Dr. Chochinov, Dr. Ingram, Dr. Dose, Dr. Piderman, Dr. Sloan
2:15 - 2:30 Break
2:30 - 3:20 Time to Disseminate
3:20 - 3:30 Final Thoughts – Evaluations

PRE-REGISTRATION

February 9 - March 31, 2015
(Late Registration April 1-8)
• No refunds five days prior to workshop date.

REGISTRATION INFORMATION

Registration Fee:
Early registration - $85 for all registrants seeking CE’s regardless of age or student status
Late registration - $125 for all seeking CE’s regardless of age or student status
Senior and Student Rate - (No CE’s Provided) - $50 Early Rate, $75 Late Rate [Code - SSRNE]
Primary Sponsor Rate (CE’s Provided) - $50 Early Rate, $75 Late Rate [Code - SRCE]
Hospice Volunteers and Vendor Rate - $0 Early Rate, $125 Late Rate [Code - VVRF]
(includes one registration)

Online Registration:
To register online go to:
www.mnsu.edu/continuinged/palliative.html and follow the link to REGISTER ONLINE.

To register by mail:

Last name______________________ First __________
Address______________________________________
City___________________State_____Zip__________
Place of Employment___________________________
Phone_______________________________________
Occupation/discipline__________________________
Email________________________________________

Mail registration form and fee to:
Continuing Education and Professional Development
116 Alumni Foundation Center
Minnesota State University
Mankato, MN 56001

Make checks payable to:
Minnesota State University, Mankato