

SMN News

Newsletter of the Southern Minnesota Nurses

June 2013

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Find us on the web at
southernminnesotanurses.org

Summer Meeting

Members are invited to join the SMN Board on July 9 at Old Country Buffet in Mankato to help set the annual budget, review the past year's events, and help decide in which events to participate on an annual basis. Members will also vote on proposed bylaw changes.

SMN is also looking for three members to serve on the nominating committee for this fall's election. The committee will select deadlines for nominations, sending the ballots out and return dates; create a ballot; and assist with the tallying of the votes.

Please pre-register to attend so copies can be made. We will meet from 4:30–7:30 pm. Meal at 4:30pm (and throughout), meeting to start at 5pm and will adjourn no later than 7:30 pm.

Bylaws Changes

At the summer meeting of the SMN Board and members, proposed bylaw changes will be voted on. The proposed bylaw changes will be posted on the website and copies for review will also be provided at the meeting. Most of the proposed changes revolve around electing the President and officers.

Also, please respond to the request from the "mailing list manager" to acknowledge you want to receive email from SMN (members@southernminnesotanurses.org). We have more than 200 members and we've experienced some difficulties emailing to such a large group.

New Logo



Southern Minnesota Nurses is growing and needs your help in getting the word out to nurses in southern Minnesota. There still seems to be some confusion regarding the relationship to the Minnesota Nurses Association (MNA) – there is NO relationship. We welcome all nurses (LPNs and RNs) to be members (\$20/year with membership running January–December). For more information about the organization, send people to the website at www.southernminnesotanurses.org.

Facebook Policies

We are looking for a small committee of members who are willing to work on some basic policies for posting on our Facebook page. Sign up on the volunteer form in this issue of the SMN newsletter.

Update on Bowl-a-thon

The 2014 Bowl-a-thon will be held at the WOW Zone on February 16, 2014. The recipients of the fundraising will be the Mayo Clinic Health System Palliative Care program and the National Alliance for Mental Illness (NAMI local chapter). Anyone interested in helping plan the event, discuss how to engage the community and get teams lined up to bowl, use the volunteer sign-up form in this issue of the SMN newsletter.

Calendar of Events

July 9	Summer meeting for SMN Board and members
September 19	Dementia #4 – Sharon Chader at Primrose Retirement Community
September 28	Making Strides Against Breast Cancer walk, Riverfront Park – Mankato
February 16, 2014	Bowl-a-thon: Fundraiser for Palliative Care and National Alliance for Mental Illness
April 2014	Nurses Expo 2014
May 2014	Nurses Week banquet – Gustavus

Other presentations being lined up:

- Follow up presentations on alternative/complimentary treatments for managing chronic pain (aquatic therapy, nutrition, acupuncture...) – this will be an ongoing series of classes over the next year
- MH Triage workshop including how to triage MH patients in any setting, family perspectives and consumer perspectives
- Autism

Volunteers Needed

There are several ways that members can assist in making Southern Minnesota Nurses a viable organization that meets the needs of a diverse membership. Many of the needs are a one-time commitment of time and may involve only a meeting or two; others may take more planning over the next year with responsibilities divided among the committee members. Mentoring will be available.

Member Name: _____

Contact info: _____

I plan to attend the July summer meeting at Old Country Buffet. (no cost to members)

I would be willing to serve on the nominating committee for this fall's election.

I am interested in serving on the planning committee for the 2014 Nurses Expo.

I would be willing to work on a Silent Auction committee.

I would like to learn how to set up a CE event in my area.

I am interested in participating in the Making Strides Against Breast Cancer walk in September. team leader walker

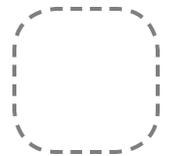
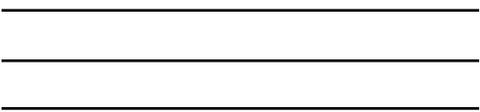
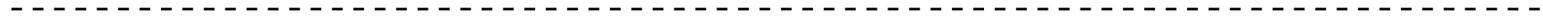
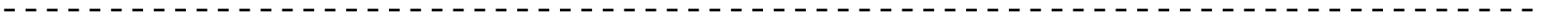
I am interested in helping plan/publicize the Bowl-a-thon.

I will serve on a committee to work on the SMN Face book policies.

I am interested in serving on the SMN board – officer or board member.

***Return to: Linda Rossow
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(just fold on the lines on the other side with this side in, add your return address, stamp, and mail it)



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Save the Date for the
2013 SCCBI Annual Psychiatric Conference

**Violence and Aggression
in the Mentally Ill:
FICTIONS AND FACTS
A DAY FOCUSED ON
AGGRESSION AGAINST SELF AND
AGGRESSION AGAINST OTHERS**

October 15, 2013

Courtyard by Marriott, Mankato, MN

Leading experts, including Dr. Michael Farnsworth, American Psychological Association Distinguished Fellow, will present on suicide risk assessment and prevention, prediction versus prevention of aggression and homicide, self-injurious behavior, borderline personality structure, managing the mentally ill and dangerous population, and trends in sex offender treatment and monitoring.

Who should attend: clinicians, practitioners, professionals, social workers, case managers, nurses, rehabilitation workers, supervisors, primary care physicians, and community support workers.

CEUs being applied for Boards of Behavior Health, Psychology, Nursing, and Social Work.

Vendor spaces will be available.

Conference brochure and registration form will be available in June.

For more information, contact Sara Emich at
sara.emich@blueearthcountymn.gov or (507)304-4156.

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